St. Cloud VA Offers Flu Vaccinations to Eligible Veterans

St. Cloud, Minn: A flu shot is an important part of staying healthy during the flu season, and this year the St. Cloud VA Health Care System is making it easier than ever for Veterans get their flu shot.

As always, flu shots are available in conjunction with other scheduled appointments at any of the St. Cloud VA locations, including the medical center in St. Cloud and the VA clinics located in Alexandria, Brainerd and Montevideo.

In an effort to provide flu shots to as many Veterans as possible, flu shot clinics are planned at each St. Cloud VA location and mobile clinics are planned in numerous counties across central Minnesota

Clinics at VA Facilities

At the St. Cloud VA Medical Center, flu shot clinics are planned for Oct. 1 and 2, from 8 a.m. to 3 p.m. each day, in Bldg. 96 on the St. Cloud VA campus.

A special family clinic for Veterans' spouses, significant others, caregivers, children aged 3 and up, and Veterans who are not enrolled for VA health care is scheduled at the St. Cloud VA Medical Center from 9 to 11 a.m., on Oct. 1 and 2 only. A fee of \$35 is required, and may be paid in cash or billed to the individual's health insurance. Please bring insurance cards to the clinic.

Veterans in the St. Cloud area may also take advantage of extended hours clinics, which are available on Tuesdays from 4:30 to 6 p.m. and Saturdays from 8 a.m. to noon in the west lobby of the main entrance (Bldg. 1), from Sept. 16 through Nov. 22.

At the Brainerd VA Clinic, flu shots will be given on Oct. 21 and Oct. 24 from 9 a.m. to 3:30 p.m. each day, and on Nov. 4, from 1 to 3:30 p.m.

At the Montevideo VA Clinic, flu shots will be given on Sept. 24, from 10 a.m. to 4 p.m.

At the Max J. Beilke VA Clinic in Alexandria, flu shots will be given on Oct. 9 and Oct. 22, from 12:30 to 4 p.m. each day

Additional Clinics Scheduled Across Central Minnesota

Mobile clinics are planned in the following counties:

Sherburne County

Zimmerman, Sept. 23, 9 to 11 a.m., American Legion Post 560, 12674 Fremont Ave. Elk River, Sept. 23, 1 to 3 p.m., American Legion Post 112, 525 Railroad Dr. Big Lake, Sept. 24, 9 to 11 a.m., Big Lake Senior Center, 160 Lake St. N. Becker, Sept. 24, 1 to 3 p.m., American Legion Post 193, 12155 Hancock St. SE

Aitkin County

Aitkin, Sept. 25, 12:30 to 4 p.m., American Legion Post 86, 20 1st Ave. NE

McLeod County

Hutchinson, Sept. 30, 11 a.m. to 6 p.m., National Guard Armory, 1200 Adams St. SE

Pope County

Glenwood, Oct. 7, 10 a.m. to 1 p.m., Courthouse Community Room, 130 E. Minnesota Ave.

Kandiyohi County

Willmar, Oct. 8, 8 a.m. to 5 p.m., American Legion Post 167, 220 19th Ave SW

Lyon County

Marshall, Oct. 14, 9 a.m. to 3 p.m., YMCA, 200 S. A St.

Stearns County

Sauk Centre, Oct. 15, 9:30 to 11:30 a.m., American Legion Post 67, 128 Main St. S. Belgrade, Oct. 15, 1 to 3 p.m., VFW **Post 1825,** 231 Morrison St.

Wadena County

Wadena, Oct. 16, 9 a.m. to Noon, VFW Post 3922, 213 1st St. SE

Todd County

Long Prairie, Oct. 16, 1:30 to 3:30 p.m., VFW Post 1140, 111 1st Ave S.

Wright County

Clearwater, Oct. 21, 10 a.m. to 1 p.m., American Legion Post 323, 505 Pine St.

Morrison County

Little Falls, Oct. 23, 10 a.m. to 1 p.m., County Government Center (Meeting Room 1), 213 SE 1st Ave

Veterans attending the flu clinics are encouraged to take care of their buddy and invite a non-enrolled Veteran with a copy of their discharge papers. While non-enrolled Veterans cannot receive a flu shot at these clinics, they can submit an application for enrollment and learn more about VA health care benefits.

All Veterans are encouraged to enroll in the VA health care system. For information on enrolling for VA health care, contact the St. Cloud VA HCS Eligibility Office at (320) 255-6340.

Further updates to the flu shot program at the St. Cloud VA will be announced on the flu shot information line: (320) 255-6444.