

Seeking NRLN Region 7 Congressional District Leaders

Dear Fellow Retiree and NRLN Grassroots Member,

I am contacting you because as a grassroots member of the National Retiree Legislative Network (NRLN) your help is needed. The NRLN needs to increase our grassroots efforts in each Congressional District. Your Congressional District is not currently covered by a District Leader.

This year, as you can imagine, will be a pivotal legislative year in Congress given all that is planned to be done by our legislators in Washington, D.C. We need your help to ensure that our elected representatives get the retiree messages they need to hear when they are working on bills involving pensions, Social Security, health care / Medicare, Pension Benefit Guaranty Corporation (PBGC) rules and corporate bankruptcy laws.

Are you actively engaged in seeing that your interests within your Congressional District are being heard? What does that mean? It means contacting your U. S. Representative and Senators by calling their offices when necessary; sending them an email when an NRLN Action Alert goes out, visiting their offices, or attending their town hall meetings.

Yes, it is a little work, but it is important and we need committed volunteers to do this. I hope you and others in your Congressional District will volunteer to help.

Why is it necessary? Cannot someone else within the NRLN do it? No! Someone who lives and votes in their district needs to step up and show your lawmakers that their retirees have concerns about the security of their pensions, health care and other retirement issues. The vote of district electors is what is important to your members of Congress and really gets their attention.

If you decide to join the NRLN grassroots leadership team, a small briefing package will be emailed to you to bring you up to speed quickly.

To volunteer to be an NRLN Congressional District Leader, send an email to Mary Ann Neuman at maneuman12@msn.com with your name, email address, U.S Mail address and Congressional District (such as IA02, MN03, MN04 or NDALL) Thanks for your consideration of this important task.

Whatever you decide, please take action on all Action Alerts from the NRLN. Also, talk to your fellow retirees and encourage them to sign up at www.nrln.org to receive Action Alerts and other emails on important retirement issues from the NRLN and if possible make an Individual Membership contribution (click the "Join Us" link at

www.nrln.org).

Bob Martina, Vice President , Grassroots Network

National Retiree Legislative Network

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